



The newsletter for Saint Andrew's Episcopal Church

306 N. Division, Ann Arbor, Michigan 48104 • (734) 663-0518 • standrewsaa.org

October/November 2023

Volume 49, Issue 5

Above: Fr. Paul preaches to the congregation on September 10 · K. Riedel

Dear friends,

Arthur Brooks is a professor at the Harvard Kennedy and Business Schools. He has an unusual field of study: he combines research from behavioral science and neuroscience with philosophy and wisdom traditions to teach people how to be happy. He wrote in a column a couple of weeks ago that thinking about happiness as a 'feeling' is a mistake. Rather, he suggests that happiness is the combination of three components: enjoyment, satisfaction, and meaning. *Enjoyment* starts with simple pleasure and adds the company of other people - a good meal eaten alone may bring pleasure, while sharing a good meal with friends brings enjoyment. *Satisfaction* is the joy you get from accomplishing something you've worked for. We create *meaning* by how we understand why things happen and how we set direction and value in our lives. Meaning takes a lot of effort to find, but without it we can't navigate life's inevitable challenges and crises; with it, we can face life with hope and inner peace.

Understood this way, happiness is not a destination but a direction. Brooks writes, "This principle was well understood at America's founding. The Declaration of Independence did not guarantee happiness--a utopian promise beyond anyone's capacity to realize. Rather, our "unalienable right" was the *pursuit* of happiness." The way to pursue happiness is to focus on enjoyment, satisfaction, and meaning.

However one understands it, I have been extraordinarily happy these last few weeks. I'm really enjoying getting

to know our congregation, working with our faithful lay leaders and hard-working staff, and learning how we do things here at St. Andrew's. It is deeply satisfying to be engaging in the good work God has given us to do: serving the guests at the Breakfast Program, nurturing the faith of our young people, exploring how we can best be a voice and a force for social justice in our community and the world, caring for people facing challenges, gathering this community for inspiring worship and fellowship. God is at work here at St. Andrew's, and I'm so very happy to be here. I am grateful to Dave McCreddie, Harry McLaughlin and the Search Committee and to Lorraine Field, John Burhenn and the Vestry for all of their support these last few months. I'm looking forward to meeting and getting to know more of you in the coming days.

Peace,
Paul

Get in touch with Fr. Paul:

- **Email** pfrolick@standrewsaa.org
- **Cell** 734-255-4936
- **Office** 734-663-0518 ext. 201



St. Andrew's
Episcopal Church
306 N. Division St., Ann Arbor

Bring your creatures,
great and small,
furry and feathery,
to the

*Blessing
of the
Animals*



OCTOBER 1
4PM · Church Lawn

A Message from the Rector about Annual Giving

Dear friends,

Our Annual Giving campaign will kick-off soon. This year's campaign is critically important for St. Andrew's. Simply put, without a substantial increase in our annual pledging for 2024, we will have no choice but to make difficult and painful cuts in our staffing that will have significant and negative impacts on our mission and ministry.

I know that talking about money makes most of us uncomfortable. I might wish that some of my first communications with our congregation didn't have to be about money, but I believe the faithful path in this time is for me and our leadership to be forthright and honest about our financial picture. In a couple of weeks, you will receive a packet of materials detailing our budget and finances. I hope you will read the materials, reflect on St. Andrew's importance to you and your family, and pray about how you can best support our congregation in the year ahead. God has richly blessed our community

and our congregation and I know we will faithfully rise to the challenge to keep our ministry vibrant and dynamic.

Peace and gratitude,
Paul

P.S. Please know: the vestry, wardens, and I are grateful for every pledge of support, no matter the size. And, if your financial situation is such that you cannot pledge this year, please know that we are grateful that you are here, grateful for the many ways you support St. Andrew's, and grateful for your prayers.



Sunday

- 8:00 am Holy Eucharist (C)
- 9:15 am Family Service (Cpl)
- 10:00 am Holy Eucharist (C)
- 8:00 pm Compline (C)
(1st & 3rd Sundays)

Wednesday

- 7:00 am Holy Eucharist (Cpl)
(1st Wednesdays)
- 7:00 am Morning Prayer (Cpl)
(All Other Wednesdays)
- 6:00 pm Evensong (Cpl)

Friday

- 12:15 pm Holy Eucharist (C)

Virtual Service Options

Join us every Sunday morning on our YouTube channel for the 10:00 am service

Finance

Operating Revenue and Expense

January 1 to August 31, 2023

	Actual Year-to-Date	Budget Year-to-Date	Over/Under +/- YTD Actual vs. YTS Budget
Income			
Plate Offerings	44,858	28,000	16,858
Pledge Payments	457,385	505,000	-47,615
Other Income	21,890	19,664	2,226
Designated Funds Transfer	0	0	0
Deficit Reduction Withdrawal	100,000	0	100,000
Prior Year Surplus	0	0	0
Total Income	624,133	552,664	71,469
Expenses			
Salaries and Benefits	472,707	469,781	2,926
Maintenance & Overhead	130,323	88,362	41,961
Office Expense	32,956	25,204	7,752
Stewardship & Miscellaneous	6,796	3,127	3,669
Church Programs	19,118	21,622	-2,504
Diocesan Pledge	66,570	66,568	2
Total Expenses	728,470	674,664	53,806
Net	-104,337	-122,000	17,633

Winter Clothing Donations

With cooler fall weather, the Breakfast Program is looking for warm clothing items for our guests. As you clean out closets and transition your wardrobes, please consider donating any items like blue jeans, sweat shirts, jackets, coats, and shoes that you no longer wear. While we appreciate all clothing donations, we are most in need of menswear at this time. Items can be dropped off at church during office hours or on Sundays. You can leave them on the bench in the hallway outside the church office and we will get them to our guests who will deeply appreciate them. Many thanks for your generosity.

Blessing of the Animals

Sunday, October 1 at 4:00 pm

In honor of St. Francis of Assisi, our annual Blessing of the Animals will take place Sunday, October 1 at 4:00 pm on the lawn (weather permitting). All animals (or photos or stuffed toys) are welcome!

Photo Giveaway

Oldies and some goodies! Lots of old photographs are available for your perusal and taking on a table in the hallway outside the church office October 8 and 15. Help yourselves and tell a friend!

SJM Welcomes Hilda Alcindor to St. Andrew's

Saturday, October 21 at 2:00 pm

On Saturday, October 21 at 2:00 pm in the Chapel, the Social Justice Ministry will host Hilda Alcindor, Dean of the Episcopal University of Haiti University Nursing School (FSIL).

With support from many Ann Arborites, FSIL became the first baccalaureate nursing school in Haiti, opening its doors to the first class of thirty-six nursing students in January, 2005. The nursing school graduated its first class of thirteen men and women in January 2009 and 279 degrees – both undergraduate and graduate - have been awarded since the school's inception (250 Bachelor of Science in Nursing and 29 Family Nurse Practitioner degrees).

Dean Alcindor, herself a nurse, has been FSIL's Dean since the school's inception. She will join St. Andrew's to share FSIL's amazing success story, a story written despite many trials and tribulations over the past two decades.

For more information, contact Thom Bales (tbales@haitinursing.org).

Coventry Supper Kickoff Potluck!

Sunday, October 22 at 11:30 am

Are you interested in an opportunity to socialize with other church members by sharing a meal and fellowship? Then Coventry Suppers are for you! Don't miss our kickoff potluck on Sunday, October 22 in the Parish Hall at 11:30 am. Questions or to RSVP, contact Susan Wakefield (susan.e.wakefield@gmail.com).

Habitat for Humanity Build

Saturday, October 28

St. Andrew's will sponsor our first Habitat for Humanity Build Day in several years on Saturday, October 28 (*UofM Football's Bye Week*)! We are thrilled to once again offer this

fun and rewarding one-day volunteer opportunity.

Ginger Kinney will be available after all services on Sunday, October 15 and 22 to answer questions and sign up volunteers. Can't make it to church those days? Please feel free to contact Ginger Kinney at 734-358-6019.

Democracy and the Church: Following Christ as Faithful Citizens

*November 4 from 8:30 am - 1:00 pm
St. Aidan's (Ann Arbor)*

Join the Rt. Rev. Dr. Bonnie Perry on Saturday, November 4, from 8:30 am - 1:00 pm at St. Aidan's (1679 Broadway St, Ann Arbor) for a nonpartisan program on faithful discipleship in our fraught political situation. Includes reflection, sharing, prayer, and resources.

Sponsored by StA², a collaboration of St. Andrew's and St. Aidan's Episcopal Churches, Ann Arbor. This event is free, registration required at <https://bit.ly/3RqkUK9>. See page 6 for more information.

FALL BAPTISMS

*All Saints' Sunday,
November 5, during
the 10:00 am service*

Baptism Date (All Saints')
10:00 am: Sunday, November 5

Preparation Session
10:00 am: Saturday, October 28

Registration Deadline
Sunday, October 22

To register visit standrewsaa.org/baptism.html or call Fr. Paul at 734-255-4936

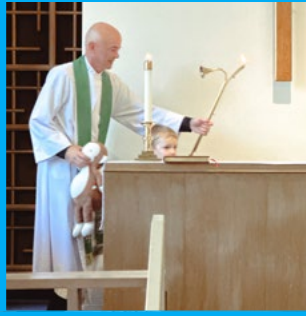
SEPTEMBER 2023

Parish Life Highlights

PHOTOS COURTESY OF: Linda Hastings (J2A), Jude Wilson (Altar Guild), Lucy Richert (Choir Rehearsals), Kate Riedel (Fr. Paul's First Sunday)

Send your fall photos of parish life at St. Andrew's to [communications@standrewsaa.org!](mailto:communications@standrewsaa.org)

FR. PAUL'S FIRST SUNDAY!



J2A VOLUNTEERS AT THE BREAKFAST



ALTAR GUILD WORK

CHOIR REHEARSALS RESUME



Ministries Seek New Members

History and Memorials

The History and Memorials Committee seeks new members! If you've enjoyed researching your family's genealogy, find old documents fascinating, or value the preservation of St. Andrew's history, please contact Kathy Cox (810-845-3292), kqcroua@att.net to learn more about the committee's activities and upcoming projects.

Bread Bakers

We have weathered the pandemic, and are now able to provide bread for the congregation! As fall approaches, there are about eight people signed up to bake. We're using a recipe provided by Fr. Wayne which covered the congregation for the summer, but we will need to up our quantity as attendance increases this fall.

We are always looking for new bakers. If interested, please contact Elaine Mouradian (headlye@gmail.com), (734) 417-5112) for recipes and directions for baking.

Director's Chair

Our Scottish ConneXion

First Rehearsal: November 4

Our Scottish ConneXion, a set of vignettes presenting the interlocking connections between St. Andrew, St. Andrew's Church, and Scotland. The first rehearsal is on Saturday, November 4, from 11:00 to 12:00 in the church sanctuary.

The show will be presented on Sunday, November 26, during the 10:00 am service. This is the Sunday we recognize St. Andrew, our patron saint. The play begins and ends with a grand procession of characters and flags, led by a bagpiper. There are plenty of parts and an accelerated rehearsal schedule, so I am hoping to see a lot of you involved!

Church School Happenings

Welcome Back!

As I wrote this, yesterday was our first day of Church School. Yesterday was also the deadline for the October/November *Network*. Time is compressed with having to plan ahead.

We are happy to be starting a new school year and look forward to fun and meaningful times with your children. Our teachers are dedicated. Blessings upon them and their helpers.

Please bring your children to Church School. They cannot get there by themselves.

Church School Open House

October 15, before and after the 10:00 am service. Come see what we do from 9:30-10:00 and 11:10-11:40! All welcome, even if you don't have children in the Church School. Donut holes and cider in each classroom.

Looking ahead

A few calendar notes for the coming months:

October 1

Practice fire drill for Church School / Blessing of the Animals at 4:00 pm

October 15

Church School Open House / Long weekend for the AAPS but we are still having Church School / J2A will be serving in church as acolytes, lectors, ushers, etc. / **No J2A class.**

October 22

J2A Corn Maze in afternoon

November 5

All Saints' Sunday

November 19

J2A serving in church

November 26

No Church School due to Thanksgiving break / J2A volunteers at Breakfast Program

In faith, hope and love, LINDA HASTINGS
Interim Director of Children's Ministries

Christmas Pageant First Meeting

Sunday, November 26

The Christmas Pageant this year will be a musical, *'Twas the Year Before Christmas*. It was last done in 2017 and it is time to reprise this wonderful show. The Cherub and Junior Choirs are taking the lead with the music, but all are invited to join in this memorable Christmas Eve event. As always, there will be plenty of opportunities for aspiring actors of all ages. The first meeting will be on Zoom on Sunday, November 26 to assess interest. More details will follow.

There is an email list that I maintain of all those who might take an interest in the Theater Ministry at St. Andrew's. There are many ways to participate. If you would like to be added, let me know at nrichert@comcast.net.

NORM RICHERT,
Theatre Ministries

We are called to follow Jesus in every area of our lives.

Are you wondering how to do that in the political arena?

DEMOCRACY AND THE CHURCH:

Following Christ as Faithful Citizens

How do we stand for justice for all and love our neighbors as ourselves? How do we walk in love with people we disagree with?

How do we find accurate information and truth-telling in order to make faithful decisions? How can our Christian faith keep us grounded in times of division and strife?



Join Rt. Rev. Dr. Bishop Bonnie Perry and others as we explore these and other urgent questions. There will be centering, prayer, reflection, and song; presentations and sharing; resources

and suggestions for action and further meditation, study, and prayer.

Let this be a catalyst for compassionate action as the first in a series of programs for the 2024 election year; you can have input into the content and shape of the subsequent programs.

Sponsored by StA² a collaboration of St. Andrew's & St. Aidan's Episcopal Churches, Ann Arbor



**Saturday,
November 4, 2023**

8:30 am - 1:00 pm

St. Aidan's Episcopal Church

1679 Broadway St., Ann Arbor, MI 48105

Free parking available on site

SCHEDULE

8:30 am

Coffee & light refreshment

9:00 am - 12:00 pm

Program, including Bishop's talk, personal reflection, group discussion, resource fair

12:00 - 1:00 pm

Boxed lunch

REGISTER

This event is FREE, donations welcome.

Registration required via EventBrite.



SCAN TO REGISTER or visit bit.ly/3RqkUK9

Flu Shots Will Be Given Sunday, October 22

As in previous years, the Ambulatory Care Immunization Program (formerly Michigan Visiting Nurses) will administer influenza vaccinations on Sunday, October 22, 8:30 to 11:00 am, in the Lounge. Two vaccines will be offered; and, to increase effectiveness, four (4) influenza strains are covered in both. The “regular” vaccine is for anyone age 9 to 64 (*9-17 year olds are required to have parent or guardian present*). The “high-dose” vaccine also has four (4) influenza strains, all with a higher antigen dose; this will be given to adults age 65 and above. Adults with chronic diseases are especially encouraged to have the flu vaccine.

The HVNS accepts BC/BS, Aetna, Cigna and Medicaid/MI-Child; Medicare, Blue Care Network, Priority Health, and HAP are also accepted with no co-pay required. Self-pay? The cost is \$40 for the regular vaccine and \$54 for the “high dose” (cash, check and credit cards accepted).

Unused Glucose Stick Collection

At the same time, we will accept unused, unopened, and not-expired glucose sticks for donation to the Hope Clinic in Ypsilanti.

Safe Disposal of Expired Medication

Episcopal Health Ministries @ St. Andrew’s will sponsor a collection of expired and unwanted medications on Sunday, October 23, 8:30-11:00 am, in the Chapel Lobby (same time as the Flu Shot event). We will confidentially accept any prescriptions or OTC items **except**

for the following: Narcotics or DEA Controlled Substances, sunscreens, insect repellants, cosmetics, tobacco, hydrogen peroxide, rubbing alcohol, aerosol cans, IV bags, needles or sharps. Please leave medications in their original containers and remove or black-out any personal information on the label, but make sure the drug name is still visible. There is no fee for this collection, and you are welcome to participate regardless of whether or not you are getting a flu shot!

Other Safe Disposal Options

If you can’t take advantage of the October 22 collection at St. Andrew’s, please take your unused medications to one of the participating collection sites listed in the [Washtenaw County Medication Disposal Map](#).

Proper disposal is an important step in preventing medication mix-ups and accidental poisonings, as well as protecting waterways and groundwater from contamination. To avoid this, Washtenaw County has implemented a “take-back” program (see dontflushdrugs.com for more info).

Daylight Savings ENDS 2am Sunday, November 5

Is your emergency preparedness stockpile up-to-date?

When it’s time to change your clocks because of daylight saving time, remember to check your preparedness kit to make sure your emergency stockpile isn’t missing any items and that the food hasn’t expired. If you haven’t created a stockpile yet, now is the time to create one!

Be sure that you have at least a three-day supply of bottled water, non-perishable foods and essential medications set aside for each member of your family. (And as always, don’t forget to check the batteries in your smoke alarms!)

Episcopal Health Ministries: Medical Decision-Making Event

An Intro to End-of-life Doulas and Green Burial

Sunday, November 12 at 11:30 am in the Parish Hall

You may have heard the term ‘doula’ associated with birth, but did you know doulas also assist those who are dying? Green burial has been frequently mentioned in the media as a popular new choice, but is it really new?

Come learn all about both of these options from parishioner Merilynne Rush, MS, BSN. Merilynne has been a home funeral and green burial educator since 2009, and an end-of-life doula educator since 2016. She is an expert in helping individuals have meaningful conversations with their loved ones about planning ahead, and believes that end-of-life is a stage to be embraced and lived to the fullest. We hope you’ll join us.

Upcoming Concerts

An Afternoon of Bach

4:00 pm • Sunday, November 12

Join the St. Andrew's Adult Choir and Chamber Orchestra for "An Afternoon of Bach:" *Cantata BWV 140 "Wachet Auf"* and *Orchestral Suite no. 1 in C Major, BWV 1066*.

Special Services

64th Annual Christmas

Lessons and Carols

4:00 pm • Sunday, December 17

Our tradition of alternating lessons with hymns, voluntaries and carols for Christmas continues! All of St. Andrew's music ensembles are involved: the Adult, Junior and Cherub Choirs, and the St. Dunstan Junior and Adult Handbell Choirs.

Christmas Eve Service

Sunday, December 24

Festival Prelude: 10:10 pm

Eucharist: 10:30 pm

The St. Andrew's Adult Choir and Chamber Orchestra will present a special prelude featuring music by Ralph Vaughan Williams.

Organ Recital Series

Join Music at St. Andrew's for an **Organ Recital at 7:00 pm** and **Compline at 8:00 pm** on the First Sunday of each month!

 OCTOBER 1, 2023 7:00 pm Thomas Strode <i>Founder of the Boychoir of Ann Arbor</i>	 JANUARY 7, 2024 7:00 pm James Kibbie <i>Retired Professor of Organ, University of Michigan</i>
 NOVEMBER 5, 2023 7:00 pm Karl Osterland <i>Organist and Choirmaster, Historic Trinity Lutheran Church (Detroit)</i>	 FEBRUARY 4, 2024 7:00 pm Deborah Friauff <i>Director of Music and Organist, St. Andrew's Episcopal (Ann Arbor) with Stephanie Shapiro, Oboe</i>
 DECEMBER 3, 2023 7:00 pm David Kazimir <i>Curator of Organs, Oberlin College</i>	 MARCH 3, 2024 7:00 pm Mi Zhou <i>Assistant Organist/Choral Accompanist, St. Andrew's Episcopal (Ann Arbor)</i>
 APRIL 7, 2024 7:00 pm Sarah Simko <i>Associate Organist, Cathedral Church of St. Paul (Detroit)</i>	

St. Andrew's Episcopal Church
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✂️ — — — — — Commemoration of the Faithful Departed

At all the weekday celebrations of the Holy Eucharist and Morning Prayer during the month of November, prayers will be offered for our departed loved ones.

If you would like to have someone remembered at one of these services, please print their names at right and return this form in the offering plate or to the church office (306 N. Division St., Ann Arbor, MI 48104) by Sunday, October 22, 2023.

While it is not required, if you would like to make a donation to the St. Andrew's Memorial Fund these gifts are greatly appreciated and assist in carrying our special projects around the church.

Your Name



Calendar of Events

Above: The St. Andrew's Adult Choir rehearses before the service on September 10 - K. Riedel

Weekly Events

Get Involved!

Sundays

- 8:00 am Holy Eucharist (C)
- 9:15 am Family Eucharist (Cpl)
- 9:45 am Church School
- 10:00 am Holy Eucharist (C / YouTube)
- 8:00 pm Compline (1st/3rd Sundays)

Wednesdays

- 7:00 am Holy Eucharist (1st Wed.) / Morning Prayer (Cpl)
- 4:30 pm Cherub Choir (CL)
- 4:30 pm Junior Handbell Choir (C)
- 5:15 pm Junior Choir (CL)
- 6:00 pm Evensong (Cpl)
- 6:30 pm Handbell Choir (C)

Thursdays

- 10:00 am Bible Study (Zoom)
- 7:15 pm Adult Choir (CL)

Fridays

- 12:15 pm Holy Eucharist (Cpl)
- 7:00 pm Alcoholics Anonymous (PH)

ROOM LEGEND	(AC) Acolyte Room	(Cpl) Chapel
	(C) Church	(L) Lounge
	(CL) Choir Loft	(PH) Parish Hall

October 2023

Sunday, October 1

- 1:00 pm SJM Fieldtrip to UMMA
- 4:00 pm Blessing of the Animals
- 7:00 pm *Organ Recital Series:*
Thomas Strode (C)
- 8:00 pm Compline (C)

Tuesday, October 3

- 3:00 pm Glacier Hills Service

Sunday, October 8

Blood Pressure Screenings

Monday, October 9

- 3:00 pm History & Memorials (AC)

Sunday, October 15

Church School Open House

- 2:00 pm PFLAG (L)
- 8:00 pm Compline (C)

Tuesday, October 17

- 6:00 pm Finance (Z/L)

October 20 + 21

Diocesan Convention

Saturday, October 21

- 2:00 pm SJM Speaker:
Hilda Alcindor (Cpl)

Sunday, October 22

- 8:30 am Flu Shots (L)
- 10:00 am Coventry Supper
Kickoff Potluck (C)

Tuesday, October 24

- 6:30 pm Vestry (L)

Saturday, October 28

Habitat for Humanity Build

November 2023

ALL SAINTS' DAY

Wednesday, November 1

- 7:00 am Holy Eucharist (Cpl)

Saturday, November 4

- 8:30 am Democracy and the Church (St. Aidan's)
- 11:00 am First Rehearsal:
Our Scottish ConneXion (C)

ALL SAINTS' SUNDAY

Sunday, November 5

Daylight Savings Time Ends

- 7:00 pm *Organ Recital Series:*
Karl Osterland (C)
- 8:00 pm Compline (C)

Tuesday, November 7

- 3:00 pm Glacier Hills Service

Sunday, November 12

Blood Pressure Screenings

- 11:30 am Medical Decision-Making
Event: Marilynne Rush (PH)
- 4:00 pm *An Afternoon of Bach* (C)

Monday, November 13

- 3:00 pm History & Memorials (AC)

Tuesday, November 21

- 6:00 pm Finance (Z/L)

THANKSGIVING DAY

Thursday, November 23

- 10:00 am Holy Eucharist (C)

November 23-24

Church Office Closed

Tuesday, November 26

No Church School

- 10:00 am Holy Eucharist +
Our Scottish ConneXion (C)
- TBA First Meeting:
Christmas Pageant (Z)

Tuesday, November 28

- 6:30 pm Vestry (L)