



The Network



The bi-monthly newsletter for St. Andrew's Episcopal Church
306 N. Division, Ann Arbor, Michigan 48104
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Dear friends:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name... (BCP, p. 355)

As an enthusiastic consumer of music and movies I am always eager to find new (or at least new to me) recordings and films for my listening and viewing pleasure. Back in the good old days of retail stores I enjoyed spending hours perusing the shelves and bins of Tower Records, Borders Books and HMV. Those treasure troves of music, movies and literature are now gone, leaving online outlets as my main source of new acquisitions for my library. My tastes are fairly specific and my buying patterns don't vary that much. So it is always mystifying to me when I get a "recommendation" from Amazon or Netflix that is so far off the mark I am left wondering if I have accidentally logged in to someone else's account. Perhaps my choices are so esoteric that it's hard to fit me into one of the current electronic boxes. The algorithms employed by these retailers still have a long way to go before they "know" me well enough to increase their volume of sales from me.

Retail marketers are not the only ones who seek to "know" us, our likes and dislikes, how we are influenced, who we will vote for and how we might be led in a specific direction. Yet most of these efforts are fairly shallow in plumbing the depths of who we are, and largely temporary in their interest of us. Most of these efforts to "know" us are really about getting us to spend our money, influence our vote, or conduct our lives in ways we might not if left to our own common sense.

Each week our liturgy begins with the prayer printed above. This "collect of purity" can be read in a variety of ways. One is an understanding of an all-knowing, all-seeing God who keeps track of hearts, desires and secrets that are less than pure. I tend to reject that interpretation. (Not that I have achieved some state of spiritual purity. There is plenty about myself I wish to bring into line with God's hopes for me.) Rather, the way this prayer speaks to me is of a God who wants to fully know us and who seeks to be fully known. This is not the superficial or

temporary relationship of a retailer's computer algorithm, but a longing on God's part to be the source and completion of who each of us are. This longing does not spring from an attempt to sell us something or influence our opinion, but from a need to love and the hope of being loved in return.

Who in our lives truly, truly knows us to the core of our being, and in that knowledge loves us completely? Of all those who want something from us, who asks for our love above all else?

Ours is a busy world, filled with all sorts of messages, pitches, pleas and demands. It can be hard to sort through it. We can easily exhaust ourselves in trying to respond to all these voices and find ourselves left with little or nothing of value to show for the effort.

Next Sunday, when you say, "Almighty God, to you all hearts are open, all desires known and from you no secrets are hid..." pray that prayer with the complete intention of being known by God, and in that knowledge give thanks for the perfect love it invites us into.

God bless,
Fr. Alan

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CALENDAR OF EVENTS

WEEKLY

Mondays
6:30 pm Education for Ministry (L)
7:30 pm Alcoholics Anonymous (PH)

Wednesdays
7:00 am Holy Eucharist (Cpl)
4:30 pm Cherub Choir
5:15 pm Junior Choir
6:00 pm Evensong (C)
6:30 pm Bell Choir (RR)

Thursdays
10:00 am Bible Study (L)
5:30 pm Holy Eucharist & Healing (C)
7:15 pm Adult Choir (CL)

Fridays
12:15 pm Holy Eucharist (C)
7:00 pm Alcoholics Anonymous (PH)

Saturdays
9:00 am Altar Guild Preparation

Sundays
8:00 am Holy Eucharist (C)
9:00 am Adult Forum (L)
9:15 am Family Eucharist (Cpl)
9:45 am Church School
10:00 am Holy Eucharist (C)
8:00 pm Compline (C)

(C) Church; (CL) Choir Loft; (Cpl) Chapel;
(L) Lounge; (PH) Parish Hall;
(RR) Rainbow Room



OCTOBER



Saturday, October 1

9:30 am: Adult and Bell Choir
Retreat/Lunch
5:30 pm: Oasis Evensong (Cpl)

Sunday, October 2

11:30 am: Single Adults
at St. Andrew's (L)
1:00 pm: CROP Walk
4:00 pm: Blessing of the Animals (Lawn)
7:15 pm: Music for Meditation (C)

Tuesday, October 4

5:30 pm: Outreach (L)
7:00 pm: Caregivers Group (Cpl)

Wednesday, October 5

4:30 pm: Cherub Choir Resumes (CL)
5:15 pm: Junior Choir Resumes (CL)

Sunday, October 9

Church School Fire Drill
11:30 am: "Scottish Connexion"
Meeting (Cpl)

Tuesday, October 11

2:00 pm: Seraphina Knitting (L)
6:00 pm: Episcopal Health
Ministries (L)

Wednesday, October 12

7:00 pm: History and Memorials
Committee (L)

Saturday, October 15

8:00 pm: "Our Town" (C)

Sunday, October 16

Flu Shots | No Adult Forum
11:30 am: Church School
Teachers Meeting (L)
2:00 pm: Parents and Friends of
Lesbians and Gays (L)
3:00 pm: "Our Town" (C)

Tuesday, October 18

6:00 pm: Finance Committee (L)

Saturday, October 22

8:00 am: CPR Class (Cpl)

Sunday, October 23

Stewardship Ingathering Sunday
11:30 am: Church School Open House

Tuesday, October 25

2:00 pm: Seraphina Knitting (L)
6:30 pm: Vestry (L)



NOVEMBER



Tuesday, November 1

All Saints' Day
5:30 pm: Holy Eucharist (C)
5:30 pm: Outreach (L)
7:00 pm: Caregivers Group (Cpl)

Wednesday, November 2

All Souls' Day
5:30 pm: Requiem Eucharist (C)

Saturday, November 5

10:00 am: Baptism Preparation
5:30 pm: Oasis Evensong (Cpl)

Sunday, November 6

All Saints' Sunday
Daylight Savings Time Ends
11:30 am: Single Adults
at St. Andrew's (L)
7:15 pm: Music for Meditation (C)

Tuesday, November 8

2:00 pm: Seraphina Knitting (L)
6:00 pm: Episcopal Health
Ministries (L)

Wednesday, November 9

7:00 pm: History and Memorials
Committee (L)

Tuesday, November 15

6:00 pm: Finance (L)

Sunday, November 20

St. Andrew's Day (Observed)
10:00 am: Holy Eucharist and
"Scottish Connexion"
11:30 am: Church School
Teachers Meeting (L)
11:30 am: Silent Auction (PH)
2:00 pm: Parents and Friends
of Lesbians and Gays (L)

Tuesday, November 22

2:00 pm: Seraphina Knitting (L)
6:30 pm: Vestry Meeting (L)
7:15 pm: Adult Choir (CL)

Wednesday, November 23

No Junior or Cherub Choir

Thursday, November 24

Thanksgiving Day
Church Office Closed
10:00 am: Holy Eucharist (C)

Friday, November 25

Church Office Closed

Sunday, November 27

First Sunday in Advent
Distribution of Gift Tags
7:00 pm: Music for Meditation (C)

PARISH BRIEFS

CROP Walk

CROP Walk is **Sunday, October 2**, at 1:00 pm at Bethlehem United Church of Christ. Walk with us to help end hunger, locally and globally. There are 1-mile and 5-mile options. To pledge or learn more, visit cropwalkonline.org, Washtenaw/AA.

Animal Blessing

On **Sunday, October 2**, at 4:00 pm, St. Andrew's will celebrate the Feast of St. Francis of Assisi with a special Animal Blessing Service on the front lawn of the church. All animals welcome!

Silent Auction to Benefit the Breakfast at St. Andrew's

Sunday, November 20

11:30 am – 1:00 pm, Parish Hall

Can you donate a service or an item for our annual silent auction? Ideas for donations: Tickets to a sporting event or a concert, babysitting, homemade goodies, gift baskets, private lessons (music, knitting, painting, gardening), leaf raking, home improvement, gift certificates. To donate, or to help the weekend of the auction, please contact Suzanne Ross at (734) 665-6372 or srhross@mac.com. A delicious brunch will be available for purchase. Child care will be provided.

Thanksgiving Day Eucharist

Thursday, November 24

Join us on Thanksgiving morning, November 24, for a celebration of the Holy Eucharist with hymns at 10:00 am in the church. Please note, *there will be no 5:30 pm Healing Service* that day.

Upcoming Baptism Dates

Sunday, November 6, 2011

Baptism Prep Class: Saturday, November 5, 2011

Registration Deadline: Friday, October 28, 2011

Sunday, January 8, 2012

Baptism Prep Class: Saturday, January 7, 2012

Registration Deadline: Friday, December 16, 2011

For more information or to register, please call Kathy McPherson at 663-0518.

2012 Calendar Collection

We are now collecting 2012 calendars. Please give them to Sally+ or place them in her mail tray in the Church office. They will be distributed to our breakfast guests on the day of the Breakfast at St. Andrew's Christmas Celebration.

Save the Date:

A Celebration of St. Nicholas' Day

Sunday, December 4 at 1:30 pm

Join members of the Ann Arbor Boychoir and our own St. Dunstan's Handbell Choir in a lighthearted concert of popular Christmas favorites.

Service Schedule

Sundays

Holy Eucharist: 8:00, 10:00 am

Family Service: 9:15 am (*Chapel*)

Church School: 9:45 am

Compline: 8:00 pm

Wednesday

Holy Eucharist: 7:00 am (*Chapel*)

Evensong: 6:00 pm (*Chancel*)

Thursdays

Holy Eucharist/Healing: 5:30 pm

Fridays

Holy Eucharist: 12:15 pm

First Saturday of the Month

Oasis Evensong: 5:30 pm

October & November Special Services

Sunday, October 2

4:00 pm: Blessing of the Animals

Sunday, October 23

Annual Giving Sunday

Tuesday, November 1

All Saints' Day

5:30 pm: Holy Eucharist

Wednesday, November 2

All Souls' Day

5:30 pm: Requiem and Procession

Wednesday, November 6

All Saints' Sunday

10:00 am: Holy Eucharist with Baptisms

Sunday, November 20

St. Andrew's Day (Observed)

10:00 am: Holy Eucharist with
Bagpipes and Church School Play

Thursday, November 24

Thanksgiving Day

10:00 am: Holy Eucharist

STEWARDSHIP

The St. Andrew's Annual Giving Campaign is our annual parish drive asking for your financial commitment to the Church. This campaign is the principle source of revenue that funds and supports our clergy and administration, continues and improves our ministries, maintains the physical operations of the buildings and equipment, sustains the quality and the character of our community, and makes available those vital resources for spiritual and temporal guidance and assistance during times of special need.

We have a vibrant spiritual home in St. Andrew's and much to be thankful for. But God's work is never done, and every day the needs of our community continue to grow. For the upcoming year St. Andrew's will need to increase its annual revenue by at least \$75,000 compared to 2011. In 2012 the Diocesan support for our current level of clergy staffing ends and St. Andrew's will incur an additional \$40,000 per year in costs. Operating costs in each of the last two years have exceeded stewardship revenue by nearly \$35,000 per year. In the past two years, we have had to cover the significant budget shortfalls by drawing funds from our investment accounts and other sources. This is not a sustainable path, and the Stewardship Committee asks that you prayerfully consider increasing your level of support by 10% for 2012. This increased level of giving by everyone would immediately resolve the \$75,000 projected budget shortfall for next year. Your contribution will be gratefully appreciated whatever the giving level, if this 10% increase is out of reach.

The current campaign has been rolling along since early September. Hopefully, you have received the mailing from Fr. Alan and the Stewardship Committee that were mailed in early September as a kick off to the campaign. We also hope you have been able to hear the recent Pulpit Talks from different parishioners on their personal reflections on stewardship, and the value of St. Andrew's in their lives. Parish leaders have been asked once again to submit their giving cards early and the total of their overall gift will be included in the Sunday bulletin on October 2.

October brings us further opportunity to participate in annual giving. On Sunday, October 16, Fr. Alan will give his annual giving sermon. The following Sunday, October 23, is Annual Giving Sunday. Prior to this day, we ask that you prayerfully reflect on your financial commitment to the St. Andrew's community. During the service on Annual Giving Sunday, there will be an opportunity for you to complete your 2012 annual giving card.

All stewardship begins with God; the grace God bestows upon us is infinite love, mercy and favor. It is through this love and understanding that we are blessed with the tools to grow and continue Christ's work and teachings. The Lord gives to us freely and without restraint; doing so without condition or demand. It is by Christ's example that we can find the strength to do the same for our neighbors. Our challenge is always significant and together we will rejoice in God's love as we continue God's work and sustain Christ's church. In the words of Fr. Alan, "We have done a lot, but that is only a small reflection of what God has done for us, which is the true cause for celebration."

Dave McCreadie and Chuck Carlson
Stewardship Committee Co-Chairs

FINANCES

Operating Revenue and Expenses January 1 to August 31, 2011

	Actual	Budget	Over/Under
Income	Year-to-Date	Year-to-Date	YTD Actual vs. YTS Budget
Plate Offerings	21,525	28,000	-6,475
Pledge Payments	522,287	511,000	11,287
Other Income	30,207	35,333	-5,126
Special Funds Transfer	0	0	0
Total Income	574,019	574,333	-314
Expenses			
Diocesan Pledge	53,326	53,326	0
Other Outreach	29,169	30,735	-1,566
Church Programs	46,675	47,407	-731
Salaries and Benefits	372,985	380,136	-7,151
Maintenance & Overhead	108,358	106,807	1,551
Total Expenses	610,513	618,410	-7,897
Net	-36,494	-44,077	7,583

Capital Campaign Financial Status as of August 31, 2011

Income:	Since Inception
Pledge payments	2,435,311
Memorial gifts	4,970
From special funds	237,203
Grant	4,615
Investment Income	33,526
Total Income	2,715,625
Expenses:	
Consultant/Architect	303,693
General Contractor	1,453,277
Other Project Costs	155,858
Windows Restoration	263,770
Other Contractors	453,233
Administrative & Miscellaneous	87,519
Total Expenses	2,717,350
End of Month Fund Balance	-1,726

New this year!

For the first time, you will be able to fill out your 2012 Annual Giving card at our website!

1. Go to www.standrewsaa.org and select 'Annual Giving'
2. Complete and submit the '2012 Annual Giving' form.
3. A confirmation email will be sent along with a copy of your form. Please check your spam/junk filters if you do not receive your confirmation email.

CLERGY CORNER

The Spirituality of Giving

What my son taught me about stewardship

One Advent when our oldest son, Ben, was all of three years old, Jolly Old Saint Nicholas made an appearance at our house. I mean he physically showed up. We had prepared ourselves for a variety of reactions and we were set to let Ben dictate the interaction. So it didn't surprise us at all that the boy's eyes grew wide and he stood there frozen and speechless until he fled the room. But what happened next was a complete shock. Ben quickly returned with his two favorite toys and said, "Here Santa!" And then he raced back and forth with armfuls of more toys and books and puzzles presenting a large pile of his treasure at the feet of our visitor. "Have this! Have this!" he said joyfully with each deposit. Finally, our guest said, "Whoa there son, I am supposed to be bringing you presents, not the other way around." But Ben just continued to offer up his things (and much of his brother's as well!) and from what I could gather from his immature speech, he did so precisely because Santa had given him so much. It was such a beautiful response. What I saw in my son that day was overwhelming joy beyond even being happy. He was radiant!

Now of course my young son was not thinking theologically nor was he thinking about generosity. He likely wasn't thinking at all. He was simply responding instinctively. What do you do when the giver of great things comes into your home and surprises you? You joyfully offer a portion of those gifts back. You can learn a lot from a child.

My husband and I have always responsibly given to the church. We have also always been tithers (that whole 10% thing). I personally like tithing because it is easier to do the math and there is never any argument about the amount when you tithe. Although I never dreaded or resented or worried about the money given to the church, I realized the same was true about paying my taxes. What I learned from my son was that I had been giving out of obligation, holy obligation, but obligation none the less and not gratitude. What I learned from my son is that sometimes words alone are an insufficient expression of awe and thanks and praise. It was a spiritual awakening for me and I have never looked at stewardship in the same way since.

What do you do when the giver of great things comes into your presence and surprises you? You joyfully offer a portion of yourself back and you become even fuller than before.

May God, the giver of great things and the source of all our joy, surprise you here at St. Andrew's and bless you abundantly.

Jeanne+

CHURCH SCHOOL HAPPENINGS

Church School Fire Drill

Sunday, October 9

As part of our effort to Safeguard God's Children, we will hold a **Church School Fire Drill** on Sunday, October 9, during Church School time. It is NOT for the entire church, only for the Church School. Evacuation cards available in each classroom describing the outside location where the class will be taken in the unlikely event of a fire. In case of rain that day, the drill will be held the following Sunday.

Fall Open House

Sunday, October 23

Please join us on Sunday, October 23 at 11:30 am for our Church School Open House. The students and teachers look forward to your visit, where you will enjoy fellowship, refreshments, and receive a copy of our 2011-12 Church School Family Directory. We invite all parishioners to visit our classrooms during the Open House.

St. Andrew's Feast Day Celebration

Every few years, near St. Andrew's Day in November, we perform the pageant "The Scottish Connexion". Church School members of all ages present this series of vignettes for you to enjoy along with Scottish pageantry and music!

We will have a meeting on **Sunday, October 9**, at 11:30 am in the chapel, for all interested in participating in this play. "The Scottish Connexion" will be performed during the 10:00 am service on **Sunday, November 20**.

Thanksgiving Pie Sale

The J2A's annual Thanksgiving Pie Sale to the parish will begin in November. An order box will be placed on the Church School information table (off the lobby). **The deadline for orders is Wednesday, November 16**. The pies will be ready for you to take home Sunday, November 20 - just in time for your Thanksgiving feast. Proceeds from the sale will go to the J2A Pilgrimage Fund - the group's 2012 summer pilgrimage is to a monastery in Oregon.

Christmas Pageant Meeting

Sunday, November 27

As I write this the trees are full of green leaves and the flowers are still blooming, but Advent and Christmas will be here before long. That means it's time to prepare the annual Christmas Eve Pageant. Our first meeting will be on Sunday, November 27 at 11:30 am in the chapel.

Thank You J2A!

A big thank you goes to our youth for their good stewardship efforts, as well as their involvement in the life of St. Andrew's. All three groups of our Journey to Adulthood program are participating in the annual CROP Walk. They also serve at the Breakfast at St. Andrew's monthly.

Additional thanks goes to Kay Wilson and her parking lot for J2A to park cars in during the UofM football games.

Faithfully,
Nancy Heusel

PARISH LIFE

Caregivers Spiritual Support Group

Are you caring for an elderly relative or friend? It is becoming increasingly common for adults to find themselves with the responsibilities of being a caregiver to an older friend or family member while holding down a full-time job and being a parent to their own children who are still at home. In dealing with the legal, medical and physical concerns of an elderly individual the caregiver can often overlook their own spiritual needs at a time when faith is deeply tested and prayer can be difficult.

These monthly gatherings led by Fr. Alan and Rev. Sally resume on **Tuesday, October 4**, at 7:00 pm to address some of the unique spiritual questions that arise with caregivers. We will meet on the first Tuesday of each month in the chapel for about an hour. Our time together will begin with a short presentation on a specific topic followed by discussion. *We will not be offering any medical or legal advice.* Our focus will be on the spiritual needs and support of the caregiver.

Our Town

Saturday, October 15

Sunday, October 16

The Saint Andrew's Players will present two showings of the American classic "Our Town", Thornton Wilder's Pulitzer prize-winning play. First produced in 1938, it has been considered one of the finest plays of the American theatre ever since. The New York Sun said, "'Our Town' reaches into the past of American and evokes movingly a way of life which is lost in our present turmoil. An original and extremely interesting play."

An evening performance will be held on **Saturday, October, 15 at 8:00 pm** and a late afternoon matinee will be held on **Sunday, October 16 at 3:00 pm.** Music by the Saint Andrew's Players Ensemble and refreshments will be offered during intermission. In lieu of admission there will be a free-will offering to benefit the Breakfast at St. Andrew's. We thank you for your support!



MUSIC NOTES

Compline

From ancient times various hours of the day have been marked with specific prayers and acts of worship. Since the 6th Century this practice has been followed in monastic communities following the Rule of St. Benedict. The service of Compline, whose name Benedict took from the Latin *completorium*, meaning 'complement,' is prayed at the close of the day. Comprised of psalms, prayers, anthems and hymns, all sung by a small choir, Compline is a meditative offering of thanksgiving to God for the blessings of the day and an appeal for protection through the night. The congregation participates through listening, silent prayer and personal reflection. Please join us on **Sunday evenings at 8:00 pm** for this 25-minute service that we hope it will be an opportunity for nourishment and peace.

Music for Meditation

Join us for these musical performances, each approximately 45 minutes long, on select Sundays at 7:15 pm. The goal of these programs is to draw you into a state of contemplation, and step out of the hurried pace of modern life to be opened to God anew through beauty. All Music for Meditation programs are free and open to the public and are followed by Compline.

Program I: Voces Jubilantes

Sunday, October 2 at 7:15 pm

Voces Jubilantes is a choir of young women established in 2008 out of a desire to encourage youth to grow in appreciation of music that is worthy, devout, and spiritually fulfilling. Works by Palestrina, di Lassus and others.

Program II: Requiem - Gabriel Fauré

The St. Andrew's Choir

Sunday, November 6 at 7:15 pm

The St. Andrew's Choir and chamber orchestra presents this beautiful choral prayer for our beloved deceased.

Program III: Advent Procession

The St. Andrew's Choir

Sunday, November 27 at 7:15 pm

This is a beautiful service of readings, carols, and anthems framed by the choral "O Antiphons" responses composed by Peter Hallock. Accompanied by the procession of banners, this meditation upon the seven poetic names of the Messiah unlocks the season of Advent in a new and meaningful way.

OUTREACH

Habitat for Humanity

The Outreach Committee thanks those who helped to support the Habitat build in August and September. Special thanks go out to Ginger Kinney for being our parish point person and champion of the project! It was a great experience!

Traces of the Trade

A Story from the Deep North

Whitaker Institute will host a series of screening of this documentary film that unearths the DeWolf family's hidden legacy of slave trading in America. The discussion after the film will be hosted by DeWolf family members, Dain and Constance Perry.

For generations the DeWolf family's past has been hidden from view, but a group of descendants decided to retrace the Triangle Trade: from Bristol, Rhode Island, the family home; to Ghana, where they visited centuries old slave dungeons; and to Cuba, with the ruins of a family-owned sugar cane plantation. Each encounter on their journey leaves family members shaken. Many myths are debunked, including the understanding that while the North was the center of the abolition movement, it was also the center of the American slave trade. The Northern ownership of slaves was not uncommon.

The presentations will be held:

Sunday, November 6

at St. Paul's Lansing, 6:30pm

Monday, November 7

at Christ Church Cranbrook, Bloomfield Hills, 7:00 pm

Tuesday, November 8

at St. John's Royal Oak, 7:00 pm

Wednesday, November 9

at St. John's Plymouth, 7:00 pm

The Outreach Committee invites you to a 5:00 pm meal and then carpooling to St. John's Plymouth on **Wednesday, November 9.** Please join us for this wonderful opportunity! Sign up at the Welcome Table.



Upcoming Oasis Ministry Events

Oasis is an outreach ministry of the Episcopal Diocese of Michigan to all working for the full inclusion of people who are transgender, bi-sexual, lesbian and gay within society and within the life of the Church.

Allies and the Road to Inclusion

An Oasis Ministry Workshop

2:00 - 5:00 pm, **Saturday, October 1**

How have our allies been critical in the struggle for the recognition of the equality of people who are transgender, bi-sexual, lesbian and gay? How can our allies be encouraged to claim their place in this struggle? This workshop will explore such questions as we look at the role of allies in the movement toward greater inclusion within the Lutheran (ECLA), the United Methodist, the Presbyterian and the Roman Catholic Churches.

Our panelists include:

- *The Rev. Matthew Bode* from Spirit of Hope Lutheran Church, Detroit.
- *Valerie Brader* from Trinity Lutheran Church, Ann Arbor.
- *Linda and Ryan Haywood* from First United Methodist Church, Ann Arbor.
- *The Rev. Ellen Acton*, Chair of the Social Justice and Peacemaking
- Team of the Presbytery of Detroit.
- *Linda and Tom Karle Nelson* from Fortunate Families: Catholic Families with Lesbian Daughters and Gay Sons.

11th Anniversary Eucharist and Dinner

Following the workshop on Saturday, October 1, all are invited to attend our 11th Anniversary Eucharist and Dinner. The Rev. Mathew Bode, pastor of Spirit of Hope Church in Detroit will be the preacher for our Eucharist. We will use Marty Haugen's setting for Evensong. Contributions towards the cost of the dinner would be appreciated.

To RSVP for the workshop or the dinner please call Joe Summers, the Oasis Program Coordinator, at (734) 846-3578 or at jsummers@umich.edu.

Events are co-sponsored by Interweave and Inclusive Justice and take place at St. Andrew's.

PARISH HEALTH

Fall Preparedness

Daylight Savings Ends at 2:00 am Sunday, November 6. Is your emergency preparedness stockpile up-to-date?

When it's time to change your clocks because of daylight saving time, remember to check your preparedness kit to make sure your emergency stockpile isn't missing any items and that the food hasn't expired. If you haven't created a stockpile yet, now is the time to create one!

Be sure that you have at least a three-day supply of bottled water, non-perishable foods and essential medications set aside for each member of your family. (And as always, don't forget to check the batteries in your smoke alarms!)

Flu Shots

Sunday, October 16

As in previous years, the Huron Visiting Nurse Service will administer flu shots on **Sunday, October 16, 8:30 to 10:30 am** in the Lounge. This year, H1N1 ("swine flu") is combined with the seasonal flu. The HVNS accepts Medicare, Blue Care Network, Priority Health, and HAP. Self-pay? The cost is \$33 (cash, check and credit cards accepted). No appointment is required.

Unwanted Medications: Collected for Safe Disposal

Sunday, October 16

While you are taking care of your clocks, stocks, and flu shots this fall, why not take a minute to properly dispose of the expired and unwanted medications from your medicine cabinet?

Proper disposal is an important step in preventing medication mix-ups and accidental poisonings, as well as protecting our environment. Flushing medications into our household water systems has resulted in increasing detection of these contaminants in our waterways and groundwater. To avoid this, Washtenaw County has implemented a "take-back" program (see www.dontflushdrugs.com for more info) where medications are accepted at various pharmacy collection points, and then transported for appropriate disposal.

Episcopal Health Ministries @ St. Andrew's will sponsor a collection of expired and unwanted medications on

Sunday, October 16, 8:30 am - 10:30 am, in the Lounge. We will confidentially accept any prescriptions or OTC items **except** for the following: Narcotics or DEA Controlled Substances, sunscreens, insect repellants, cosmetics, tobacco, hydrogen peroxide, rubbing alcohol, aerosol cans, IV bags, needles or sharps. You should leave medications in their original containers. To protect your privacy, remove or black-out any personal information on the label, but make sure the drug name is still visible. There is no fee for this collection.

If you can't take advantage of the October 16 collection at St. Andrew's, please take your unused medications to one of these participating collection sites (anytime):

The Prescription Shop II
2140 E. Ellsworth Rd.

Village Pharmacy II
325 N. Maple Rd.

Wenk's - Prescription Shop
2355 E. Stadium Blvd

St. Joseph Mercy Pharmacy Towers
5301 E. Huron River Drive

Pharmacy Solutions, Inc.
5204 Jackson Rd. Suite C

St. Joseph Mercy Pharmacy - Reichert
5333 McAuley Dr.

(See www.dontflushdrugs.com for other participating collections sites outside of Ann Arbor)

Basic Life Support

It is time again to renew our skills for Basic Life Support. We will hold a class in the chapel at St. Andrew's on **Saturday, October 22** from 8:00 am until noon. We will receive instruction, practice our skills on manikins and with the Automatic External Defibrillator (AED).

All parishioners are welcome. Some of you may wish to help in the event of a crisis, but would prefer not to be expected to perform basic life support. We invite you to join the class for general information and to learn other ways of helping. Watch the weekly bulletins for more information as the date becomes closer.

For further information, please email:

Mary Hunter: maryhunt@umich.edu

Ann Garvin: agarvin224@aol.com

Sue Critz: s_critz@hotmail.com

Sue Bickley: aabics@comcast.net

Saint Andrew's Episcopal Church
306 North Division Street
Ann Arbor, Michigan 48104-1497

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RETURN SERVICE REQUESTED



Commemoration of the Faithful Departed

Beginning with All Saints' Day, Tuesday, November 1, at all the weekday celebrations of the Holy Eucharist during the month of November, prayers will be offered for our departed loved ones.

If you would like to have someone remembered at one of these services, please print their names at right and return this form in the offering plate or to the church office (306 N. Division St., Ann Arbor, MI 48104) by **Sunday, November 6.**

While it is not required, if you would like to make a donation to the St. Andrew's Memorial Fund these gifts are greatly appreciated and assist in carrying our special projects around the church.

Submitted by: _____

The Breakfast at St. Andrew's

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Dear Friends,

This past August 16th, we celebrated our 29th year of serving breakfast to anyone in need. We have never missed a morning, thanks be to God. We have however, had a few different settings – First United Methodist Church, Bethlehem United Church of Christ, and Community High to name a few. Most recently in early September, as a result of a power outage, we found ourselves having a candlelight breakfast in our social hall. We thank all of you who have been flexible enough to make these settings possible, and we thank all who contribute so generously to our program. The Breakfast at St. Andrew's is primarily supported by private donations, with some generous help from area churches, Food Gatherers, and the Ann Arbor Thrift Shop.

The Breakfast at St. Andrew's reaches out to all, and we have found that through the years, many of our guests are those who look forward to this healthy breakfast to not only help their budget, but to also provide for their overall well being.

As we move into our 30th year, we ask for your financial help. Each and every gift, large or small, helps us sustain our ministry.

Drawing near to Thanksgiving, we share the words we hear most often by our guests as they leave for the day: "thank you to all".

Happy Thanksgiving,

Deacon Svea Gray

We hope to see you all at our annual fundraising concert, BreakFEST 2012, on Friday, February 24, 2012 at The Ark!

P.S. Remember, your donation to the Breakfast qualifies for the Michigan Homeless Shelter/Food Bank Credit on your Michigan State Tax Return. The credit is 50% of the amount of the donation with a \$100 limit (\$200 for joint returns). Be sure to consult your tax advisor if you have questions.

The Breakfast at St. Andrew's BREAKFAST AND COMMUNITY



Enclosed is my contribution for the Breakfast at St. Andrew's, to continue providing nutritious meals, and the support of friendship and community, to those in need every day.

Gift Amount \$ _____
Name _____
Address _____
City _____ State _____ ZIP _____
Phone _____ email _____
This gift is made in honor of _____

Make check payable to: The Breakfast at St. Andrew's Please mail to:
Breakfast at St. Andrew's
306 N. Division
Ann Arbor, MI 48104

The Breakfast at St. Andrew's is
a 501(c)(3) tax exempt organization.

